



EXTENDING CONTINUOUS HEALTH ASSISTANCE TO TRECEÑOS: In its continuous effort to promote public health program, provincial government of Cavite and the local government of Trece Martires City sponsored another medical and dental mission at Pag-asa I, Brgy. Aguado on September 5, 2019. Almost 500 Treceños availed free health services which include adult/pedia consultation and tooth extraction rendered by the medical practitioner of Provincial and City Health Office. Multilab Diagnostic and Health Services rendered random blood sugar testing. The success of the health mission was made possible through the OPG-Extension with the assistance of some volunteers comprise of Inocencio Paramedic and Rescue Volunteers, barangay health workers , barangay nutrition scholars and the officers of Pag-asa I Homeowners Association. Seventh District Board Members Ping Remulla and Lito Langit together with the Sangguniang Panglungsod Members were present during the outreach event and expressed their utmost support and appreciation to the provincial government for the health assistance given to Treceños. ABC President Jaimer Sierra received some medicines, vitamins and insect repellent lotion for his barangay. Likewise, he also thanked the mission team for the services rendered for his constituents.



BOUNDLESS ASSISTANCE FOR TRECEÑOS: Committed to deliver quality health care services to the people and earnestly reach out the poor communities, the Provincial government of Cavite led by Governor Jonvic Remulla , thru the effort of the Office of the Provincial Governor - Extension and the Provincial Health Office visited the residents of Adelina Phase 1 Subdivision in Barangay Conchu in Trece Martires City on September 3, 2019 to provide the basic health needs of the people and check their medical conditions. A total of 557 citizens have availed free medical consultations and tooth extraction rendered by volunteer doctors, dentists and other medical professionals from General Emilio Aguinaldo Memorial Hospital (GEAMH) and the Trece Martires City Health Office. TMC Mayor Gemma Lubigan, Vice Mayor Bobby Montehermoso and the members of the city council were also in attendance who chatted with their constituents and looked for possible solutions that may be offered to the problems of the indigent members of the neighborhood. Residents have also received free random blood sugar testing by Multilab Diagnostic and Health Services and weight and high blood pressure monitoring. Likewise, employees of the Population Commission (POPCOM) communicated with the residents and stirred their minds on family planning and proper birth spacing. Also present who supported the event were Inocencio Paramedic and Rescue Volunteer, barangay health workers and barangay local officials. --(PICAD)



PGC'S PUBLIC HEALTH PROGRAM CONTINUES IN CAVITE PROVINCIAL JAIL: Almost 400 inmates of Cavite Provincial Jail benefitted from the medical and dental mission sponsored by the Provincial Government of Cavite in partnership with the local government of Trece Martires City on September 4, 2019. Health professionals from Provincial Health Office checked the health condition of 324 inmates and given free medicines while some 46 inmates underwent tooth extraction performed by the dental team of the Provincial and City Health Office. Likewise, Multilab Diagnostic and Health Services rendered free random blood sugar testing. Mr. Noel Alegre, OIC-Provincial Warden, requested the health mission as part of their 61st Founding Anniversary.

HAKABitenya! A BREASTFEEDING AWARENESS CELEBRATION IN CAVITE



Hundreds of nursing mothers in the province joined HAK-ABitenya! Year 2, a simultaneous latch-on activity in celebration of the breastfeeding awareness month, held on August 30, 2019 at the Ceremonial Hall of the Provincial Capitol in Trece Martires City. Provincial Nutrition Program Coordinator Ms. Helen Peñalba welcomed guests and participants to the event, thanking the presence of the mothers and their children to partake in the provincial health's program on scaling up local health and nutrition and intensifying strategies for maternal, neonatal and child health. Meanwhile, on behalf of Chairman of the Committee on Health, Nutrition and Population Board Member Kerby Salazar, Mr. Kyle Salazar delivered his opening remarks, telling stories how breast milk from his mom and sometimes from aunts turned him into a smart and healthy young man. Bacoar City Mayor Lani Mercado-Revilla who served as guest speaker to the event shared her

experience as a breastfeeding mom, reminding that formula milk from the cow is for calf only while the milk of mothers should be given to the baby. The mother of Vice Governor Jolo Revilla shared that she breasts fed all her seven children, and that in Bacoar City, there are organizations of moms who even donate breastmilk. Likewise, Mayor Lani also underscored the importance of providing proper nutrition to the baby's first 1000 days to avoid stunted growth. More inspiring talks that promote breastfeeding and proper nutrition to babies covered the one-day event. The breastfeeding peer counselor, South PiNanays Founder and President Marie Paz Regina Atienza, tackled some do's and don'ts for mothers when they breastfeed. Ms. Atienza even gave away lactation cookies to every mom who participated during the activity to add fun while learning. In addition to further enlighten mothers, Nutritionist Dietitian Joan Marie Pedron tackled the salient features of RA 11148 known as the "Kalusugan at Nu-

trisyon ng Mag-Nanay Act of 2018. The provisions encompass social welfare support and counseling for parents on dietary supplementation, lactation management, psychosocial stimulation, plus capacity-building of barangay health and nutrition volunteers for implementation of related health services needed by mothers and their baby. Successful breastfeeding stories also gave moms the confidence and proper learnings on nurturing their babies. Ms. Ludette Lontoc, Development Management Officer IV from the Provincial Health Team Office (PHTO) expressed the closing remarks on behalf of Dr. Armida Camposagrado, DMO 4, PHTO, telling mothers to spread the good news on Hakab. Ms. Lontoc also took the opportunity to thank the National Nutrition Council, facilitators from PHO, sponsors and exhibitors during the event, more importantly the mothers for their cooperation that contributed to the success of Hak-abitenya Year 2. --(PICAD)